






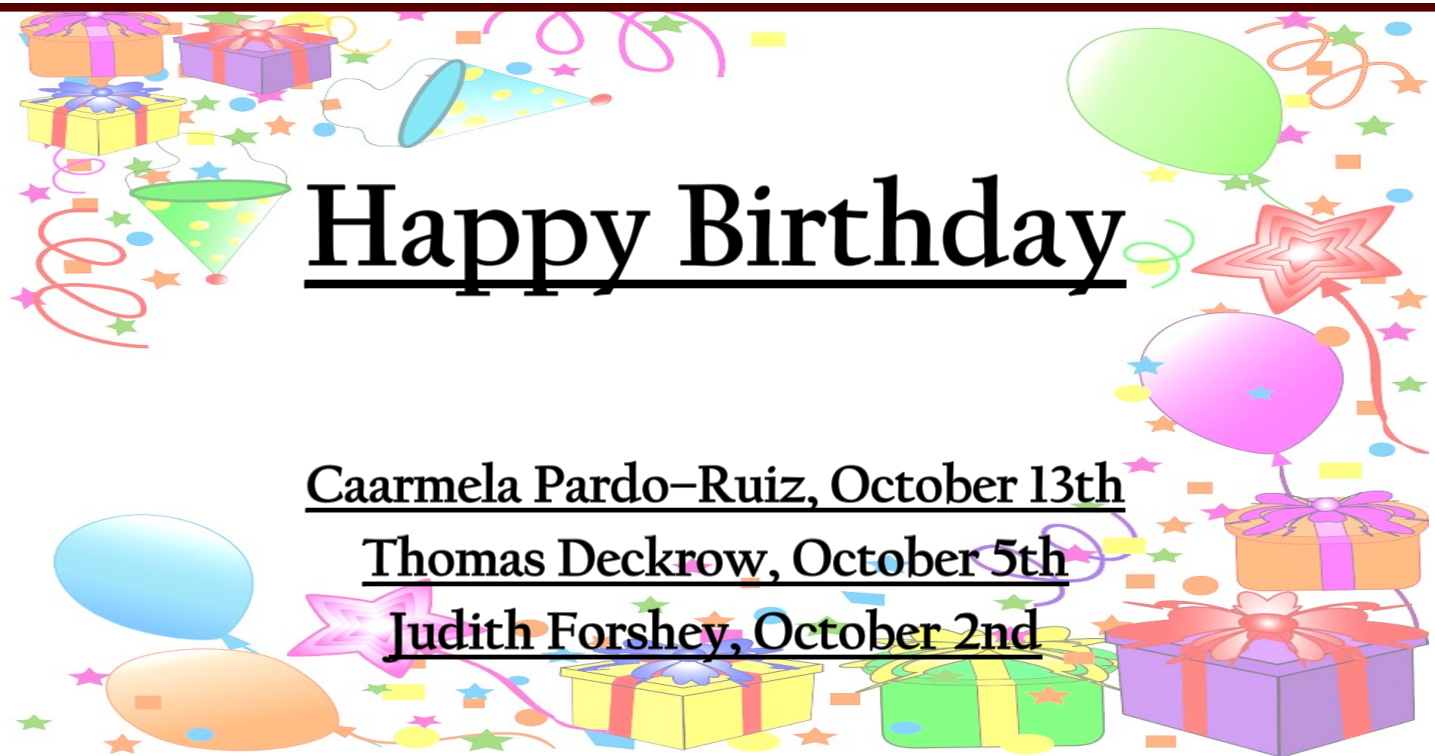


# October GranVida Calender

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>AC:</b> Arts and Crafts Room  <b>B:</b> Bistro  <b>CS:</b> Creekside  <b>G:</b> Garden  <b>GR :</b> Grand Room  <b>L&amp;L:</b> Live and Learn Room  <b>L:</b> Library</p>	<p><b>1 International Coffee Day</b>             10:00 Music Of Our Lives, GR            11:15 Sing a long, CS            2:00 Errands w/Rich, B            1:30 Bingo , GR            1:30 Documentary, CS            3:30 Around The World, CS</p>	<p><b>2 Guardian Angel Day</b>             9:45 World of interest, GR            10:00 Yoga / Meditation, A&amp;C            11:00 Outdoor walk, B            1:30 Beading w/ Gillian  <b>3:00 Music/ Keith on piano, GR</b>            3:30 Riley Therapy Dog, GR            4:00 Sing a long, CS</p>	<p><b>3</b>            10:30 Dancing Club, CS  <b>10:00 Santa Barbara Courthouse/ Arcade Plaza for Lunch, B</b>            1:30 Bingo, GR            1:30 Documentary, CS            2:30 Time to be social, CS            3:30 Search for stars, CS</p>	<p><b>4</b>            9:30 Art Talk w/ Ranell, A&amp;C            10:00 Yoga / Meditation, A&amp;C            11:00 Outdoor walk, B            11:15 Grandparent Buddy Visit, B  <b>3:30 Welcome New Residents w/ Music by Gem &amp; Allan, GR</b>            6:45 Evening Cinema, L</p>	<p><b>5</b>            9:30 Stretch And Relax, A&amp;C  <b>10:30 Daily Happenings, GR</b>            1:30 Watercolor painting w/ Ranell, AC            1:30 Green Thumb, G            2:30 Book Club, CS            3:30 Aromatherapy, CS            6:45 Evening Cinema, L</p>	<p><b>6</b>            9:30 News &amp; Views, B            10:00 Stretch &amp; Relax, A&amp;C            11:00 Hymns w/Jim &amp; Anita, GR  <b>2:30 Cello w/ Cameron, GR</b>            4:00 Board Games, L            6:45 Evening Cinema, L</p>
<p><b>7</b>  <b>10:00 Devotional, CS</b>            10:30 Sing a long, CS            2:00 Matinee, A&amp;C            3:30 Garden Stroll, G            6:45 Evening Cinema, L</p>	<p><b>8 Columbus Day!</b>             10:00 Music of Our Lives, GR            11:15 Sing a long, CS  <b>2:00 Scenic Drive, B</b>            1:30 Bingo , GR            1:30 Documentary, CS            3:30 Around The world, CS</p>	<p><b>9</b>            9:45 World of interest, GR            10:00 Yoga / Meditation, A&amp;C            1:30 Beading w/ Gillian  <b>3:00 Music / Renee, piano, GR</b>            3:30 Riley, the Therapy Dog , B            4:00 Sing a long, CS</p>	<p><b>10</b>            10:30 Dancing Club CS  <b>10:30 Lotus Land Gardens / Picnic Lunch, B</b>            1:30 Bingo, GR            1:30 Documentary, CS            2:30 Time to be social, CS</p>	<p><b>11</b>            9:30 Art Talk w/ Ranell, A&amp;C            10:00 Yoga / Meditation, A&amp;C            11:00 Outdoor walk, B            11:15 Grandparent Buddy Visit, B            2:30 Puzzles w/ Einstein, CS  <b>3:30 Welcome New Residents w/ Music by Trudy &amp; Oscar, GR</b>            6:45 Evening Cinema, L</p>	<p><b>12</b>            9:30 Stretch And Relax, A&amp;C            10:30 Kindergarten Concert, GR            1:30 Watercolor painting w/ Ranell, AC            1:30 Green Thumb, G            2:30 Book Club, CS  <b>3:30 High Tea, AC</b>            3:30 Aromatherapy, CS            6:45 Evening Cinema, L</p>	<p><b>13</b>            9:30 News &amp; Views, B            10:00 Stretch &amp; Relax, A&amp;C            11:00 Hymns w/Jim &amp; Anita, GR  <b>2:30 Music w/ Paul L, GR</b>            4:00 Board Games, L            6:45 Evening Cinema, L</p>
<p><b>14</b>            10:30 Sing a long, CS            2:00 Matinee, A&amp;C            3:30 Garden Stroll, G            6:45 Evening Cinema, L</p>	<p><b>15</b>            10:00 Music of Our Lives, GR            11:15 Sing a long, CS  <b>2:00 Scenic Drive, B</b>            1:30 Bingo, GR            1:30 Documentary, CS            3:30 Around The world, CS</p>	<p><b>16 World Food Day!</b>             9:45 World of interest, GR            10:00 Yoga / Meditation, A&amp;C            11:00 Outdoor Walk, B            1:30 Beading w/ Gillian  <b>3:00 Lecture on Honeybees, GR</b>            3:30 Riley, the Therapy Dog , B</p>	<p><b>17</b>            10:30 Dancing Club CS  <b>10:30 I Hop Men's Lunch Club! B</b>            1:30 Bingo, GR            1:30 Documentary, CS            2:30 Time to be social, CS</p>	<p><b>18</b>            9:30 Art Talk w/ Ranell, A&amp;C            10:00 Yoga / Meditation, A&amp;C            11:00 Outdoor walk, B            11:15 Grandparent Buddy Visit, B  <b>3:30 Welcome New Residents w/ Music by Panama G, GR</b>            6:45 Evening Cinema, L</p>	<p><b>19</b>            9:30 Stretch And Relax, A&amp;C  <b>11:00 Resident Council, L&amp;L</b>            1:30 Watercolor painting w/Ranell, AC            1:30 Green Thumb, G            2:30 Book Club, CS            3:30 Aromatherapy, CS            6:45 Evening Cinema, L</p>	<p><b>20</b>            9:30 News &amp; Views, B            10:00 Stretch &amp; Relax, A&amp;C            11:00 Hymns w/Jim &amp; Anita, GR  <b>2:30 Music w/ Einstein, GR</b>            4:00 Board Games, L            6:45 Evening Cinema, L</p>
<p><b>21</b>            10:00 Devotional, CS            10:30 Sing a long, CS            2:00 Matinee, A&amp;C            3:30 Garden Stroll, G            6:45 Evening Cinema, L</p>	<p><b>22</b>            10:00 Music of Our lives, GR  <b>11:00 Create Art w/ Christine, A&amp;C</b>  <b>2:00 Scenic Drive, B</b>            1:30 Bingo, GR            1:30 Documentary, CS            3:30 Around The world, CS</p>	<p><b>23</b>            9:45 World of interest, GR            10:00 Yoga / Meditation, A&amp;C            11:00 Outdoor Walk, B            1:30 Beading w/ Gillian  <b>3:00 Music/ Trudy &amp; Oscar GR</b>            3:30 Riley Therapy Dog, GR            4:00 Sing a long, CS</p>	<p><b>24</b>            10:30 Dancing Club, CS  <b>9:20 Plaza Olvera LA / Lunch and Train Ride! B</b>            1:30 Bingo, GR            1:30 Documentary, CS            2:30 Time to be social, CS            4:00 Lorie Sunshine, GR</p>	<p><b>25</b>            9:30 Art Talk w/ Ranell, A&amp;C            10:00 Yoga/Meditation, A&amp;C            11:00 Outdoor walk, B            11:15 Grandparent Buddy Visit, B  <b>3:30 Welcome Thursday and Birthday Celebration w / Music by Keith</b></p>	<p><b>26</b>            9:30 Stretch And Relax, A&amp;C  <b>10:30 Daily Happenings, GR</b>            1:30 Watercolor Painting/ Ranell, AC            1:30 Green Thumb, G            2:30 Book Club, CS            3:30 Aromatherapy, CS            6:45 Evening Cinema, L</p>	<p><b>27</b>            9:30 News &amp; Views, B            10:00 Walking Club, B  <b>2:30 Music/ Steve Ormond, GR</b>            4:00 Board Games, L            6:45 Evening Cinema, L</p>
<p><b>28 Mother in Law Day!</b>             10:00 Devotional, CS            10:30 Sing a long, CS            2:00 Matinee, A&amp;C            3:30 Garden Stroll, G            6:45 Evening Cinema, L</p>	<p><b>29</b>            10:00 Music Of Our Lives, GR            11:15 Sing a long, CS  <b>2:00 Errands w/ Rich, B</b>            1:30 Bingo, GR            1:30 Documentary, CS            3:30 Around The World, CS</p>	<p><b>30</b>            9:45 World of interest, GR  <b>10:00 Yoga/Meditation, A&amp;C</b>            11:00 Outdoor walk, B            1:30 Painting w/ Einstein, CS  <b>3:00 Music/Renee/ Piano, GR</b>            3:30 Riley the Therapy Dog , B            4:00 Sing a long, CS</p>	<p><b>31 HALLOWEEN!</b>             10:30 Dancing Club, CS            11:00 Halloween Celebration            1:30 Bingo, GR            1:30 Documentary, CS            2:30 Time to be Social, CS            3:30 Search for stars, CS</p>	<p><b>Color Legend</b>  <b>Physical</b>  <b>Spiritual</b>  <b>Artistic</b>  <b>Social</b>  <b>Cognitive</b>  <b>Outing</b></p>	 <p><b>HAPPY HALLOWEEN!</b></p>	



# Happy Birthday

Caarmela Pardo-Ruiz, October 13th

Thomas Deckrow, October 5th

Judith Forshey, October 2nd



*GranVida*  
Senior Living ✨ Memory Care

# October 2018

## GranVida Activities Calendar

### Events & Outings

Every Saturday

11:00 Hymns with Anita & Jim

Monday, October 1st / 29th

Errands with Rich

Tuesday, October 2nd

Music with Keith on piano

Wednesday, October 3rd

Santa Barbara Courthouse Outing

Thursday, October 4th

Welcome Thursday with Gem & Allen

Saturday, October 6th

Music with Renee

Monday, 8th October 8th

Scenic Drive

Monday, 8th October

Creative Art w/ Christine AL

Tuesday, October 9th

Music with Renee on piano

Wednesday, October 10th

Lotus Gardens/Lunch Outing

Thursday, October 11th

Music with Trudy and Oscar

Friday, 12th

High Tea

Saturday, October 13th

Music w/ Paul L

Monday, October 15th

Scenic drive

Wednesday, October 17th

I Hop Men's Lunch Cub

Thursday, October 18th

Grandparent Buddies

Friday, October 19th

Resident Council

Wednesday, October 24th

Outing to Playa Olvera, LA

Wednesday, October 31st

HALLOWEEN

**GranVida Senior Living**

**5464 Carpinteria Ave Carpinteria, CA 93013**