








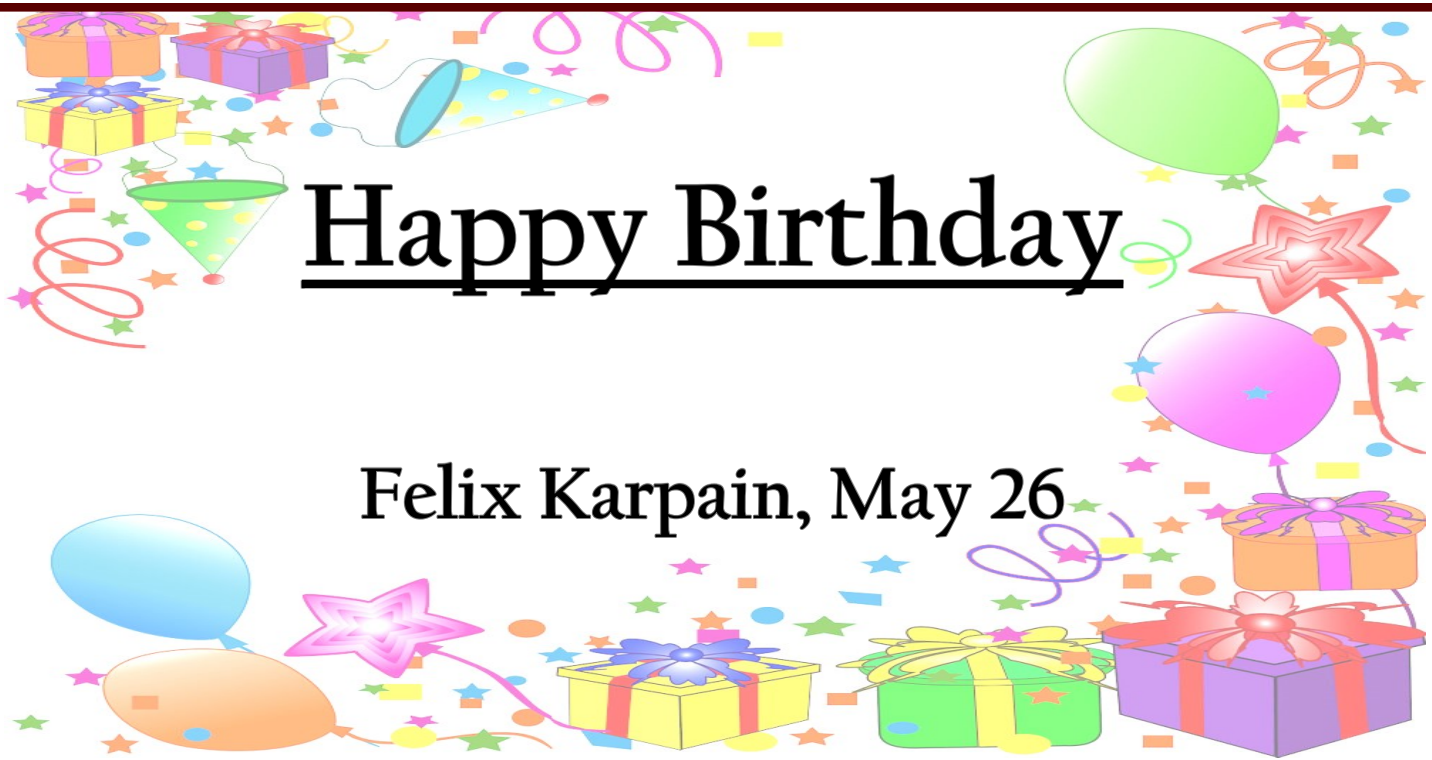


# May Creekside Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Color Legend</b></p> <p>Physical Spiritual Artistic Social Cognitive Outing</p>		<p><b>1</b></p> <p>9:30 Stretch And Relax, CS 10:30 Outdoor Walk, CS 11:15 Yoga w/ Kat, AC 1:30 Bocce Ball, BB 2:30 Music w/Gem &amp; Allen, GR 3:30 Riley, the Therapy Dog, B 4:00 Sing a long, CS</p>	<p><b>2</b></p> <p>9:30 Stretch And Meditate, CS 10:30 Dancing Club, CS 10:30 Catherine's Ranch Visit, B 1:30 Bingo, CS 2:30 Let's Make Fruit Smoothies, B 3:30 Puzzles, CS</p>	<p><b>3</b></p> <p>9:30 Art Talk w/Ranell, A&amp;C 9:30 Outdoor Walk, CS 11:15 Grandparent Buddy Visit, B 1:30 Life Changes Group, L&amp;L 2:30 Painting w/ Einstein, CS 3:30 Welcome: Renee on piano, GR 6:45 Evening Cinema, CS</p>	<p><b>4</b></p> <p>9:30 Stretch And Relax, CS 10:00 Music Therapy w/Debbie, GR 10:30 Daily Happenings, CS 1:30 Green Thumb, CS 2:30 Book Club, CS 3:30 Aromatherapy, CS 6:45 Evening Cinema, CS</p>	<p><b>5</b></p> <p>9:30 News &amp; Views 10:00 Walking Club, B 11:00 Hymns w/Jim &amp; Anita, GR 2:30 JB Duo Music w/Jean, GR 4:00 Board Games, B 6:45 Evening Cinema, CS</p>
<p><b>6</b></p> <p>9:30 Bake &amp; Taste, CS 10:30 Nails &amp; Tails (Manicure), CS 2:00 Matinee, CS 3:30 Garden Stroll, CS 6:45 Evening Cinema, Library</p>	<p><b>7</b></p> <p>9:30 Stretch And Meditate, CS 10:00 Music Of Our Lives, GR 11:15 Sing a long, CS 1:00 Music Therapy w/Debbie, CS 1:30 Errands w/Rich, B 1:30 Bingo or Documentary, CS 3:30 Around The World, CS</p>	<p><b>8</b></p> <p>9:30 Stretch And Relax, CS 10:00 Create w/ Christine, CS 11:15 Yoga w/ Kat, AC 1:30 S.B. Presentation Part II, w/John, GR 2:30 Keith on the piano, GR 3:30 Riley, the Therapy Dog, B</p>	<p><b>9</b></p> <p>9:30 Stretch And Meditate, CS 10:30 Dancing Club, CS 10:30 Thrifting in Ventura, B 1:30 Bingo, CS 2:30 Healthy Snack, B 3:30 Puzzles, CS</p>	<p><b>10</b></p> <p>9:30 Art Talk w/Ranell, A&amp;C 9:30 Outdoor Walk, CS 11:15 Grandparent Buddy Visit, B 1:30 Casino w/ Einstein, CS 2:30 Painting w/ Einstein, CS 3:30 Welcome: Panama, G. GR 6:45 Evening Cinema, L&amp;L</p>	<p><b>11</b></p> <p>9:30 Stretch And Relax, CS 10:30 Daily Happenings, CS 1:30 Green Thumb, CS 2:30 Book Club, CS 3:30 Aromatherapy, CS 6:45 Evening Cinema, CS</p>	<p><b>12</b></p> <p>9:30 News &amp; Views, B 10:00 Walking Club, B 11:00 Hymns w/Jim &amp; Anita, GR 2:30 Music w/Gem &amp; Allen, GR 4:00 Board Games, B 6:45 Evening Cinema, CS</p>
<p><b>13 Happy Mother's Day</b> </p> <p>10:00 Devotional, CS 10:30 Nails &amp; Tails (Manicure), CS 12:00 Mother's Day Luncheon!! 2:00 Matinee, CS 3:30 Garden Stroll, CS 4:00 S.B. Youth Concert in S.B.</p>	<p><b>14</b></p> <p>9:30 Stretch And Meditate, CS 10:00 Music Of Our Lives, GR 11:15 Sing a long, CS 1:00 Music Therapy w/Debbie, CS 1:30 Scenic Drive, B 1:30 Bingo or Documentary, CS 3:30 Around The world, CS</p>	<p><b>15</b></p> <p>9:30 Stretch And Relax, CS 10:30 Outdoor Walk, CS 11:15 Yoga w/Kath, A&amp;C 1:30 Bocce Ball, BB 2:30 Kevin Fox on piano, GR 3:30 Riley, the Therapy Dog, B 4:00 Sing a long, CS</p>	<p><b>16</b></p> <p>9:30 Stretch And Meditate, CS 10:30 Dancing Club, CS 11:00 S.B. Museum of Art, B 1:30 Bingo, CS 2:30 Let's Make Smoothies, B 3:30 Puzzles, CS</p>	<p><b>17 Norwegian Independence Day!!</b> </p> <p>9:30 Art Talk w/Ranell, A&amp;C 10:00 Sleep &amp; Be Fit Seminar, V 11:15 Grandparent Buddy Visit, B 1:30 Casino w/ Einstein, CS 2:30 Painting w/Einstein, CS 4:00 Welcome: Steve Ormand. GR</p>	<p><b>18</b></p> <p>9:30 Stretch And Relax, CS 10:30 Making Chili &amp; Salsa, CS 1:30 Garden Club, G 2:30 Book Club, CS 3:30 Aromatherapy, CS 6:45 Evening Cinema, CS</p>	<p><b>19</b> </p> <p>9:30 News &amp; Views, B 10:00 Walking Club, B 11:00 Hymns w/Jim &amp; Anita, GR 2:30 Cameron on Cello, GR 4:00 Board Games, B 6:45 Evening Cinema, CS</p>
<p><b>20 Graduations Day!!</b> </p> <p>9:30 Bake &amp; Taste, CS 10:30 Nails &amp; Tails (Manicure), CS 2:00 Matinee, CS 3:30 Garden Stroll, CS 6:45 Evening Cinema, Library</p>	<p><b>21</b></p> <p>9:30 Stretch And Meditate, CS 10:00 Music Of Our Lives, GR 11:15 Sing a long, CS 1:30 Mystery Drive, B 1:30 Bingo or Documentary, CS 3:30 Around the World, CS</p>	<p><b>22 Peace Day!!</b> </p> <p>9:45 World of Interest w/Susan, GR 11:15 Yoga w/Kath A&amp;C 1:30 Bocce, Ball, BB 2:30 Renee on the piano, GR 3:00 Fiesta Happy Hour, GR 3:30 Riley, the Therapy Dog, B</p>	<p><b>23</b></p> <p>9:30 Stretch And Meditate, CS 10:30 Dancing Club, CS 10:30 Chumash Casino Visit, B 1:30 Bingo, CS 2:30 Healthy Snack, B 3:30 Puzzles, CS</p>	<p><b>24 Freestyle Day!!</b> </p> <p>9:30 Art Talk w/Ranell, A&amp;C 9:30 Outdoor Walk, CS 11:15 Grandparent Buddy Visit, B 1:30 Casino w/ Einstein, CS 2:00 Happy 102 Seminar, V 4:00 Welcome: Steve Ormand, GR</p>	<p><b>25</b></p> <p>9:30 Stretch And Relax, CS 10:30 Daily Happenings, CS 1:30 Green Thumb, CS 2:30 Book Club, CS 3:30 Aromatherapy, CS 6:45 Evening Cinema, CS</p>	<p><b>26</b></p> <p>9:30 News &amp; Views, B 10:00 Walking Club, B 11:00 Hymns w/Jim &amp; Anita, GR 2:30 Paul Lenderman, GR 4:00 Board Games, B 6:45 Evening Cinema, CS</p>
<p><b>27</b></p> <p>10:00 Devotional, CS 10:30 Nails &amp; Tails (Manicure), CS 2:00 Matinee, Library 3:30 Garden Stroll, CS 6:45 Evening Cinema, Library</p>	<p><b>28 Memorial Day !!</b> </p> <p>9:30 Stretch And Meditate, CS 10:00 Music Of Our Lives, GR 11:15 Sing a long, CS 12:00 Barbecue Lunch, V 1:30 Bingo or Documentary, CS 3:00 Pause In Silence in honor of those Who have died in Service 3:30 Around The World, CS</p>	<p><b>29</b></p> <p>9:45 World of Interest w/Susan, GR 11:15 Yoga w/Kath A&amp;C 1:30 Bocce, Ball, BB 2:30 Kevin Fox on piano, GR 3:30 Riley, the Therapy Dog, B 4:00 Sing a long, CS</p>	<p><b>30</b></p> <p>9:30 Stretch And Meditate, CS 10:30 Dancing Club, CS 11:00 Men's Lunch Club, B 1:30 Bingo, CS 2:30 Let's Make Smoothies, B 3:30 Puzzles, CS</p>	<p><b>31</b></p> <p>9:30 Art Talk w/Ranell, A&amp;C 9:30 Outdoor Walk, CS 11:15 Grandparent Buddy Visit, B 1:30 Casino w/ Einstein, CS 3:30 Welcome: Gem &amp; Allen, GR <b>Resident Birthday Celebration</b> 5:00 Candlelight Dinner!!</p>		



Thursday, May 31 is our Candlelight Dinner Birthday Celebration!!



# GranVida

Senior Living \* Memory Care

## May 2018

### Events & Outings

Tuesday, May 1  
Music with Gem & Allen

Wednesday, May 2  
Catherine's Ranch Visit

Monday, May 7  
Errands w/Rich  
Music Therapy w/Debbie

Wednesday, May 9  
Thrifting in Ventura

Sunday, May 13  
Mother's Day Luncheon  
S.B. Youth Concert in Santa Barbara

Monday, May 14  
Scenic Drive

Wednesday, May 16  
Santa Barbara Museum of Art

Monday, May 21  
Music Therapy w/Debbie  
Mystery Drive

Wednesday, May 23  
Chumash Casino Visit

Wednesday, May 30  
Men's Lunch Club

### Entertainment

Thursday, May 3  
Renee on the Piano

Saturday, May 5  
J.B. Duo Music w/Jean

Tuesday, May 8  
S.B. Presentation Part II  
Keith on the Piano

Saturday, May 12  
Music w/Steve Ormand

Tuesday, May 15  
Kevin Fox on the Piano

Thursday, May 17  
Sleep & Be Fit Seminar  
Celebrate Norwegian Independence

Saturday, May 19  
Cameron on the Cello

Tuesday, May 22  
World of Interest w/Susan Gomez  
Renee on the Piano  
Fiesta Happy Hour

Thursday, May 24  
Happy 102 Seminar

Saturday, May 26  
Music w/Paul Lendermen

Tuesday, May 29  
Kevin Fox on the Piano

Thursday, May 31  
Candlelight Dinner!!

**GranVida Senior Living**  
5464 Carpinteria Ave Carpinteria, CA 93013